

## **The Figure in Movement : Painting (Colour and Gesture)**

Tutors: Emily Ball and Katie Sollohub

Dates: June 3<sup>rd</sup> - 6<sup>th</sup> 2025 (Tuesday - Friday)

Course fee: £580 (this includes primed canvas, paper and model's fee)

***(10% discount if you book this and 'The Figure: An Intensive Experimental Drawing Course' which runs the previous week)***

A four day painting course with 2 tutors. Emily and Katie share their love of painting as a process of exploration and discovery. This exciting course is an intense and unique opportunity to explore colour and gesture in response to the moving figure. The large space of the studio will be transformed using colour installations for the figure to move through and interact with. The walls will be generously covered with rolls of paper and canvas for the artists to work on. Students bring their own paints and brushes, but paper and canvas is all provided.

There will be guidance on how to make expressive marks that evoke the feeling of form, skin, sensation and movement. Exercises will offer structure and give you the courage to layer materials and explore the unknown in those stages of a painting where the image seems elusive. This course is designed to increase the clarity of your looking and the ability to select with discernment from the subject to create paintings that are sensitive and a painterly embodiment of the subject, whilst also developing an individual expressive language, personal to the artist. We will experiment with paint flow, using brushes, rags and more unusual tools, working on canvas and paper, collaging, exploring installation, working on both very large and small scale, different surfaces and in collaboration with the model and the other the artists on the course.

Over the four days students will create a lot of work and importantly have the freedom to really push into the creative process; taking risks and playing to find out what they love about working from the figure and what the versatility of the materials can offer. This course could be treated as a way to unlock the next step in your practice – injecting energy and bravery into paintings. The work created will inspire a new way of working in the future.

NB If your work is not dry by the end of the course we are very happy to post your work to you at a later date.

**Artists to inspire:** Henri Matisse, Ivon Hitchen, De Kooning, Rose Hilton, Chantalle Joffe, Roger Hilton, Picasso, Gary Hume, Amy Silman, Keith Vaughn, Avis Newman, Francis Bacon, Jennifer Packer, Cecilyl Brown, Tracey Emin, Rose Wylie, Jennifer Packer.

### **TIMETABLE**

#### **Day one: Tuesday 3<sup>rd</sup> of June 2024**

The course starts promptly at 9.30 so please make sure that you arrive no later than 9.15 to find your space and have a cup of coffee. Katie and Emily will welcome you and introduce the course. Getting familiar with paint, liquid colour and gesture with your tools will be our starting point then straight into responding to the figure as she moves. The day will end with a review of the work and finish promptly at 4.30 pm.

#### **Day Two: Wednesday 4<sup>th</sup> of June 2024**

The focus of the day will be on how to develop large scale pieces on paper and canvas that were started on day 1 and also working in the opposite extreme on tiny images; exploring the physicality of the poses, scale and the abundant possibilities of layers using colour, paint and collage.

### **Day Three: Thursday 5<sup>th</sup> of June 2024**

Katie and Emily invite students to push still further and dare to work even more playfully. This might mean collaborating with other artists, the model and using surfaces and materials in unconventional ways. For the second part of the day Katie and Emily will give individual tutorials to encourage each student to develop the strengths in their work further and select from the subject. By now what each person finds most inspiring about the moving figure, the materials and studies made will have become clearer.

### **Day Four: Friday 6<sup>th</sup> of June 2024**

This final day will be without the model giving us time to really look at the potential in all of the studies that have been made over the first 3 days. Then the time will be devoted to getting the inspiration and invention into the large scale paintings. Selecting, layering images, editing and developing strong imagery will be the focus of the day.

Each student will hopefully leave energised, inspired, more courageous and with armfuls of work – some resolved and some ready for developing further.

We request that students stay to the end of the day so that we can all participate in the display of work, review and feedback group session.

### **COURSE MATERIALS**

**The studio will provide primed canvas and large paper for you to work on and with.**

You will need to bring: a generous number of brushes. Make sure you have at least 6 or so large decorating size brushes as well as standard smaller brushes to work with and lots of large tubes or pots of paint. Bring lots of lof cotton rags, any palette or scraping tools too. With either oils or acrylics we recommend that you have plenty of mediums;

For oils you will need Solvent. Please make sure it is odourless. We use Shelsol T which you can order from Jacksons. <https://www.jacksonsart.com/jackson-s-shellsol-t-odourless-solvent-2500ml>  
To speed up the drying time of the paint you can use a medium that you can make using ShelsolT and Linseed Stand Oil (50/50 mix).

<https://www.jacksonsart.com/michael-harding-refined-linseed-stand-oil-1000ml>

For acrylics we suggest you use a medium to increase the flow. Liquitex is a good brand.

<https://www.jacksonsart.com/liquitex-pouring-medium> (really makes fantastic puddles and flowing paint)

[www.jacksonsart.com/liquitex-super-heavy-gel-mediums](http://www.jacksonsart.com/liquitex-super-heavy-gel-mediums) (Good for thickening and making paint sculptural without use lots of paint.)

[www.jacksonsart.com/liquitex-fluid-gloss-medium](http://www.jacksonsart.com/liquitex-fluid-gloss-medium) (A good all rounder for making the paint flow and add gloss)

A guide for the colours you bring for either acrylics or oils:

Titanium White (lots of it), Lemon yellow, Cadmium Yellow, Indian Yellow, Vermillion, Alizarin Crimson, Magenta, Cobalt Blue, Ultramarine and Phthalo Blue.

If you like working with Oil Sticks then please bring those too. If you like using mix media with your acrylics then please do bring pastels, either oils or chalk, to add into the mix.

***We have plenty of large palettes you can use at the studio as well as pots for water and solvent, and mixing colours.***

**THE SEAWHITE SHOP:** The shop is open Monday – Friday from 9 am - 4.45 pm and 9am – 12 noon on Saturdays. All the products they sell are amazing value, at warehouse prices and so you might want to stock up with sketchbooks and materials while you are on the course. If you prefer to

order before the course, you can preview their stock by visiting [www.artesaver.co.uk](http://www.artesaver.co.uk). You can get a 10% discount online if you use the code EB10. Items can be pre-ordered and packed ready for you to collect by calling 01403 712270, quoting the codes obtained from the website, however, if you physically go into the shop to buy your supplies, the prices are slightly cheaper, so always worth a visit.

**REFRESHMENTS AND LUNCH:** Tea, coffee, herbal teas and biscuits are available throughout the day. There will be tea breaks but feel free to help yourself whenever you need a drink. Bring a pack lunch. There is a fridge and also a microwave. If you need to buy some lunch there is a bakery/sandwich shop in the middle of Partridge Green that sells sandwiches, salads and hot food.

**STUDIO DRESS CODE:** In the studio make sure you wear clothes that do not matter. The space and equipment is in constant use and we cannot guarantee that it will be paint free from the previous groups.

**STUDIO ADDRESS:** Seawhite of Brighton, Avalon Court, Star Road Trading Estate, Partridge Green RH13 8RY **GETTING TO THE STUDIO:** We have a map on our website.

<http://www.emilyballatseawhite.co.uk/contact-emily-ball.html> The studio building is in the large warehouse, taking the next gateway after the Seawhite Showroom/Shop (2nd gate on the right as you turn into the Seawhite road). Turn into the entrance and keep driving round to the far end of the warehouse, past the skips and palettes on your right. There is a small car park at this end of the warehouse, just for the studio.